

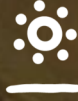
THE OFFICIAL CLUB BULLETIN OF THE ROTARY CLUB OF POLOMOLOK 101

The Club 1 1

Volume 2 | Issue 10 | Series of 2022 | April 2023

Polomolok 101

Rotary
Club



IMAGINE
ROTARY

APRIL is
Maternal & Child Care Month





OFFICERS AND DIRECTORS RY 2022-2023



JENNIFER JONES
Rotary International
President



LILU ALINO
District Governor
District 3860



JONG FERNANDEZ
District Secretary



EDWIN VALENCIA
Asst. Governor, 3F



EVERNIE ALFECHÉ
President



LANI CASTANIAGA
Vice Pres



MALOU TOEXON
PE/Secretary



MAYVELYN URBANO
Executive Secretary



JADE RALLOS
Treasurer



GLADYS BALANO
Auditor



NIEVEN MAY ALFECHÉ
Protocol Officer



FANNY FERNANDEZ
Public Information Officer



RIZALDY CRUZ
Sgt. At-Arms



OMAR GALLINERO
CICO



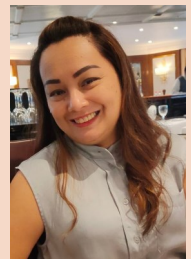
MELANI DEYPALAN
Vocational Service Director



XAVIER BAYAN
Service Project Director



LEO BALDOSTAMON
Youth Service Director



DARNIE JANDIC
International Service Director



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Membership Director
DEI Officer



ESPIE MALIWAT
Public Image Director



ROGELIO RALLOS, JR.
TRF Director



ALAN INES
DRRM/Community Service Director



Jennifer Jones

R.I. PRESIDENT'S MESSAGE

Introducing the Rotary Youth Network

How do you take the best from the worst?

None of us will forget how the pandemic altered our world and our lives. Each of us had to traverse this period of uncertainty, and no one had a free pass from the effects.

I personally believe this has created space for a different kind of global leadership — one that is courageous, empathetic, and vulnerable. I met my good friend Anniela Carracedo online in early 2020. She is one such leader, and I'm thrilled to turn this month's column over to her.

-Jennifer Jones

In March 2020, I had a panic attack. I couldn't breathe, and I felt a terrible pain in my chest.

It had been a few days since the World Health Organization declared COVID-19 a global pandemic, and I was in the middle of my year as a Rotary Youth Exchange student in the United States. Think about it: an 18-year-old girl stuck in a different country, with a foreign language, with people she had only met six months before. It was scary.

But I am familiar with uncertainty. I was born and raised in Venezuela, which is going through one of the worst humanitarian and political crises in the Western Hemisphere. But my mom always said, "Challenges are nothing more than needs that require a solution."

I called up my Interact and Youth Exchange friends. Together, we organized an online meeting to share projects and get inspired by what everyone else was doing during the quarantine. In that first meeting, we had 70 people, mainly students, from 17 countries.

From that beginning, we built an online platform for Rotary youths worldwide to share their experiences and inspire others with project ideas during isolation. We looked for mentors and supporters who would help our group connect young people, share cultures, and open new collaborative opportunities for international service projects. We called it Rotary Interactive Quarantine, or RIQ.

After only a year, we engaged with more than 5,000 students from 80 countries. Several of our team members became district Interact representatives and district committee members, and some of us even serve on Rotary International councils.

Eventually, quarantine restrictions were being lifted, and the needs of our participants were changing. At our last official meeting as RIQ, Past RI President Barry Rassin inspired us to create even bigger change, so we transformed RIQ into the Rotary Youth Network, or RYN.

A few of our members, including me, were selected to serve on the inaugural Interact Advisory Council, where we presented our vision for youth in Rotary to the RI Board of Directors.

Our presentation to the Board inspired President Jennifer and her team to create a Youth Advisory Council in Rotary International, which I am honored to serve on as a co-chair.

The Rotary Youth Network officially launched during a breakout session at the 2022 Rotary International Convention in Houston. Five of us, who had participated in Interact, Youth Exchange, and Rotary Youth Leadership Awards, traveled across continents to launch an organization we had kicked off online two years before. The convention was also the first time we had met in person.

When my friends and I finished our talk, we realized more than 500 people were giving us a standing ovation. Tears filled our eyes, and the feeling of excitement and accomplishment took over.

Who would have thought that a panic attack would lead to this?

Jennifer Jones

President, Rotary International

President's Page

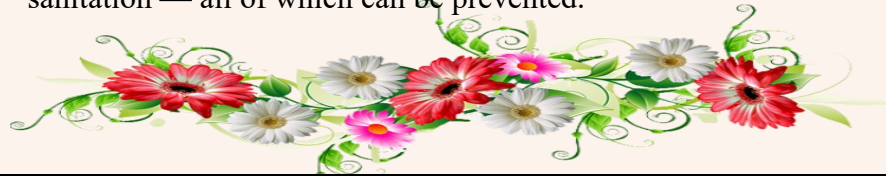


By: EVERNIE ALFECHE
President

One of the areas of Focus of Rotary is to Support initiatives that make health care available to mothers and children so they can live longer, grow stronger and have a brighter future.

Rotary makes high-quality health care available to vulnerable mothers and children so they can live longer and grow stronger.

We expand access to quality care, so mothers and children everywhere can have the same opportunities for a healthy future. An estimated 5.9 million children under the age of five die each year because of malnutrition, inadequate health care, and poor sanitation — all of which can be prevented.



APRIL DESIGNATION IS

MATERNAL AND CHILD HEALTH MONTH

Photo by Alyce Henson. © Rotary International. Design layout by Gilbert Thien Rotary Club of Miri.

“Every child deserves a chance at a life filled with love, laughter, friends and family.”

Marlo Thomas

Rotary

TAKE ACTION: Join Rotary, Get Involved



By: May Urbano
Past Assistant Governor



Editor's Note



APRIL is Maternal and Child Care Month

Maternal health refers to the health of women during pregnancy, childbirth and the postnatal period.

Each stage should be a positive experience, ensuring women and their babies reach their full potential for health and well-being.



Maternal and child care is one of Rotary's main causes. Rotary makes health care available to vulnerable mothers and children so they can live longer and grow stronger.

It is estimated that close to 6 million children under the age of five die each year because of malnutrition, inadequate health care, and poor sanitation, which can all be prevented. Rotary clubs and districts dedicate their efforts to improve access to quality care so that mothers and children can have long-serving opportunities for a healthy future. Projects to support mothers and children include mobile prenatal clinics, cancer screening, immunizations, and training on how to protect themselves and their children from disease.

Every pregnancy and birth is unique. Addressing inequalities that affect health outcomes, especially sexual and reproductive health and rights and gender, is fundamental to ensuring all women have access to respectful and high-quality maternity care.

A graphic with a blue background. At the top left, the word "APRIL" is written in large white letters. Below it is a photograph of a young child in an orange shirt smiling. A yellow Rotary gear logo is overlaid on the right side of the photo. A quote box on the left reads: "Every child deserves a chance at life filled with love, laughter, friends and family." - Marlo Thomas. At the bottom, the text "MATERNAL AND CHILD HEALTH MONTH" is written in large white letters.

Secretary's Report



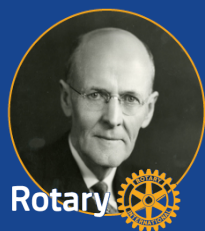
by Malou Teoxon
Club Secretary

Roster of Members for RY 2022-23

NAME	CLASSIFICATION
1) Acuesta, Maribel D. "Bel" *RFSM1+2	Dental Services; Pediatrics
2) Alfeche, Evernie V. "Tata"	Management; Transport Services
3) Alfeche, Nieven May V. "Twinkle" *PHF	Management; Cooperative
4) Balano, Gladys D. "Glads" PHF	School Registrar; Private
5) Baldostamon, Leo "Ducks"	Management; Restaurant Cafe
6) Bayan, Xavier J. "Bobet" PHF+2	Law; General Practice
7) Castaniaga, Lani A. "Lani" PHF	Management; Government Bank
8) Cruz, Rizaldy R. "Zaldy" PHF	Architecture; Building
9) Deypalan, Melani G. "Mel" RFSM+1	Dental Services; Orthodontics
10) Fernandez, Fanny M. "Fan" PHF	Insurance; Life & Non-Life
11) Gallinero, Omar S. "Mar" PHF+1	Management; Photography & Events
12) Gallinero, Charo Lyca B. "Sweet"	Management; Nail Spa
13) Griño, Celema I. "Cel" PHF	Dental Services; Hospital
14) Ines, Alan M. "Lan" PHF	Administration, Private School
15) Jandic, Darnie F. "Bing" PHF	Management; Spa
16) Maliwat, Esperanza C. "Espie" RFSM+1	Management; Real Estate Rentals
17) Pineda, Rona F. "Ron" RFSM	Management; Farm Resort
18) Publico, Troy M. "Troy"	Financial Advisor
19) Rallos, Jade N. "Jade" PHF+2	Medical Technologist
20) Rallos, Rogelio Jr. A. "Wang" PHF+6	Management; Medical Supplies Distribution
21) Sabellano, Ivie L. "Ivs" PHF	Management; Commercial Bank
22) Teoxon, Marilou A. "Malou" RFSM	Management; Travel & Tour
23) Tonguia, Tomas, Jr. S. "Tom"	Management; Commercial Banking
24) Urbano, Mayvelyn G. "May" PHF+1	Management; Fastfood Restaurant

*PHF – Paul Harris Fellow

*RFSM- Rotary Foundation Sustaining Member



“Perhaps dreaming is not so bad if one dreams good dreams and makes them come true.”

— **Paul Harris,**
My Road to Rotary

Treasurer's Report

Contribute to Every Rotarian Every Year ([EREY])



by Jade Rallos
Club Treasurer

The Every Rotarian, Every Year (EREY) initiative encourages all Rotary club members to contribute \$100 every year to help us reach our goal to support the Rotary Foundation financially each year. But we can also contribute as little as \$25 if \$100 is too much for you.

When every member of a club makes a donation, the club earns a banner celebrating 100% participation. Going up the ladder, when every member of every club contributes, District 3860 gets special recognition too. In addition, for donations, the district will match every dollar you give with recognition points that help you earn a Paul Harris Fellowship, one of Rotary's most important honors.

We need your support to achieve our objective, and we're counting on each members...



EVERY
 ROTARIAN
 EVERY
 YEAR

Polomolok 101 Rotary Club   **Club Dues Payment Chart 2022-23**

Name	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Bal
1. Maribel Acuesta D.	✓	✓	✓	✓	✓	✓	✓	✓	✓				
2. Alfeche Evenie V.	✓	✓	✓	✓	✓	✓	✓	✓					
3. Alfeche Nieven May V.	✓	✓	✓										
4. Balano, Gladys D.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
5. Baldostamon, Leo													
6. Bayan Xavier J.	✓	✓	✓										-0-
7. Castaniaga, Lani A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
8. Cruz, Rizaldy R.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
9. Deypalan, Melani G.	✓	✓	✓	✓	✓								
10. Fernandez, Fanny M.	✓	✓	✓										
11. Gallinero, Omar S.	✓	✓	✓	✓	✓	✓							
12. Gallinero, Sweet B.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
12. Grino Celemia I.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
13. Ines, Alan M.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
14. Jandic, Darnie F.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
15. Maliwat, Esperanza C.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
16. Pineda, Roda F.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
17. Publico, Troy	✓	✓											
17. Rallos, Jade N.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
21. Rallos Rogelio Jr. A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
22. Sabellano, Ivie L.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
23. Teoxon, Marilou A.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
25. Tonguia, Tomas Jr. S.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	-0-
26. Urbano, Mayvelyn G.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			



Why we need to Educate MOTHERS

“A mother's own education and knowledge, her own economic standing and success, impacts the future of the generation she brings up. “



By: Dr. Mel Deypalan
Past President

Education should and is rightly considered as a critical aspect for women empowerment as it becomes a powerful tool in the hands of a mother. She can use this tool to foster a new generation towards social change, especially in developing countries where quality education is still a far cry for most children. Mothers are a crucial influencer in the lives of their children and the love and care they provide, especially in the formative years, shapes their children into the adults they are destined to become. Hence, a mother's own education and knowledge, her own economic standing and success, impacts the future of the generation she brings up.

Importance of education in the formative years of children

In their early years, children who have an educated mother, benefit by developing better cognitive skills and get a head start in life. Various studies have reported that mothers who receive higher education in resource-poor settings are more likely to engage in higher quality interactions with their children, have greater knowledge of child development, provide an increased quality of home stimulation and scaffolding for their children.

A study by New York University found that educated mothers help their children succeed at school, not just by expanding their academic knowledge, but by modeling behaviors and making social connections that lead to educational success. Mothers who have at least attended high school, have more understanding of school structures and are thus better equipped to model and teach socially-valued ways of interacting, such as speaking politely but assertively. Moreover, educated mothers also tend to expose children to activities that are valued in schools, such as theater, art, and music.

Educated mothers ensure higher education

An educated mother, not only ensures sending her child to school but will also provide a supportive environment at home by reinforcing lessons at home. On the contrary, it is seen that the mothers who are illiterate or uneducated, are not as keen to provide higher education to her children. The uneducated mother, in general, can only think within her limited knowledge sphere and she cannot have lofty dreams or aspirations for herself or for her children. The educated mother will have high expectations for her children's educational success and will continuously encourage them to develop high expectations of their own. It is quite evident that a mother's education improves the lives of her children and it also improves her relationship with them. A mother who is educated and empowered is more likely to earn the respect of her children and have more control over them in a positive manner. Not only this, in today's fast changing world, raising future ready children, who have creativity, thinking ability, knowledge and problem-solving skills to survive the disruptions in education and jobs landscape, is a huge challenge.

"Give me an educated mother, I shall promise you the birth of a civilized, educated nation",
-Napoleon Bonaparte



By: Dr. Bel D. Acuesta
Past President
Health Couch

Stay Healthy this SUMMER!



Summer is here! A change of season calls for a change in routine, a revamped diet, and of course, a new exercise regimen that suits the weather. The onset of warm weather can make your body more vulnerable to different types of diseases and certain health guidelines must be followed to ensure a healthy summer.

Here are a few tips to stay healthy this summer:



1. Eat healthy and light

Eat light, small, frequent meals. Heavy meals with large amounts of carbohydrates and fats give rise to a lot of heat in the body. Focus on fresh fruits and vegetables that have high water content – such as oranges, watermelon, tomatoes, etc.

2. Treat your eyes well

Protect your vision from the harsh sunlight at work and at play, wear protective eyewear. When outdoors, wear sunglasses that block at least 99% of ultraviolet rays.

3. Avoid Alcohol and Caffeine

Alcohol, fizzy drinks and coffee all can leave you dehydrated quickly. If at all possible, try to reduce the amount of these favourite beverages, especially during hot weather. Plain or flavoured water is a good substitute.

4. Drink plenty of water

Heat and sweat in the summer months can leave your body dehydrated, causing unwanted health outcomes such as fever and chills. Keep yourself well hydrated by drinking at least 2 to 3 litres of water every day.

5. Stay indoors

Restrict outdoor activities to the cooler parts of the day – early mornings before 11. am or late evenings after 5.00 pm

6. Avoid outside food

Roadside food can be contaminated and may lead to foodborne illnesses. Also in the summer heat if food is not stored properly it may get spoilt and lead to a stomach infection.

Polomolok 101
Rotary
Club



HALL OF PAST PRESIDENTS



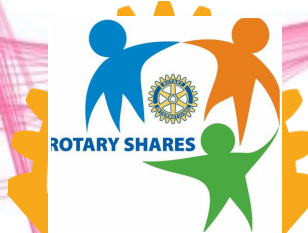
**CP Omar Galinero,
PHF+1**

**ROTARY YEAR
2005-2006**



**PP Espie Maliwat,
RFSM+2**

**ROTARY YEAR
2006-2007**



**PAG Alan Ines,
PHF.**

**ROTARY YEAR
2007-2008**



**PP Rogelio Rallos,
PHF+6**

**ROTARY YEAR
2008-2009**



**PP Maribel Acuesta,
RFSM+2**

**ROTARY YEAR
2009-2010**



**PP Xavier Bayan,
PHF +2**

**ROTARY YEAR
2010-2011**



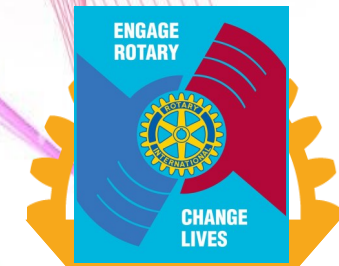
**PP Rey
Trasporto**

**ROTARY YEAR
2011-2012**



**PP Grace Salazar,
RFSM**

**ROTARY YEAR
2012-2013**



**PP Benhur
Dapanas**

**ROTARY YEAR
2013-2014**



**PP Rex
Machan**

**ROTARY YEAR
2014-2015**



**PP Celema Griño,
PHF**

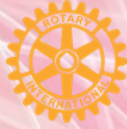
**ROTARY YEAR
2015-2016**



**PAG Mayvelyn
Urbano, PHF+1**

**ROTARY YEAR
2016-2017**

Polomolok 101
Rotary
Club



HALL OF PAST PRESIDENTS



**PP Gladys Balano,
PHF**

**ROTARY YEAR
2017-2018**



**PP Melani Deypalan,
RFSM+2**

**ROTARY YEAR
2018-2019**



**PP Fanny Fernandez,
PHF**

**ROTARY YEAR
2019-2020**



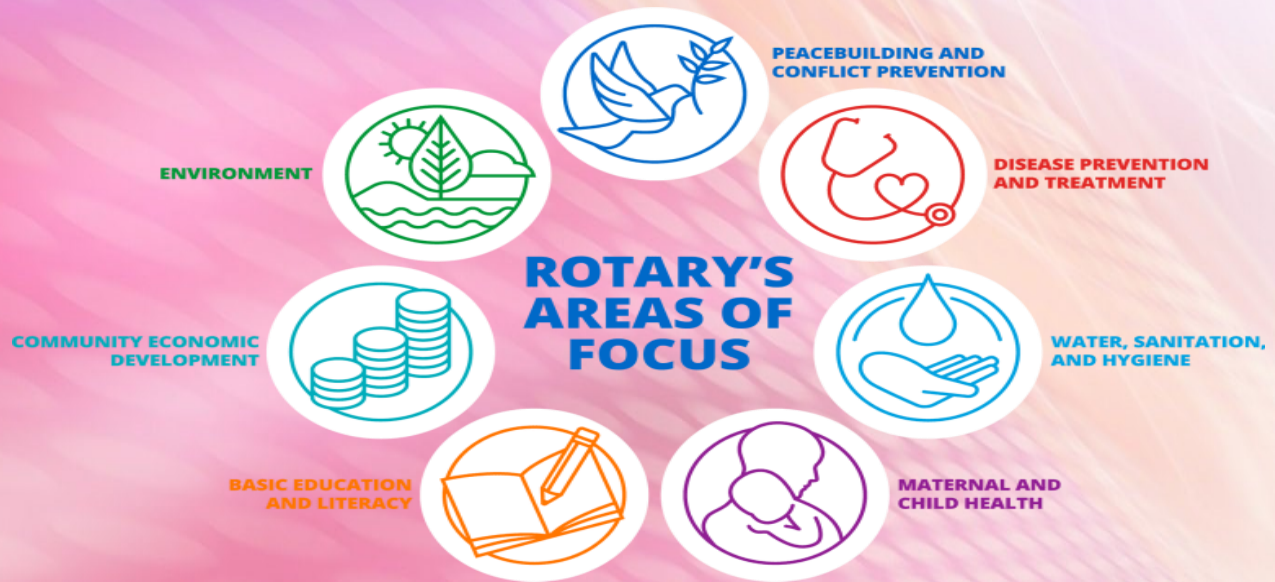
**PP Nieven May
Alfeche, PHF**

**ROTARY YEAR
2020-2021**



**IPP LANI CASTANIAGA,
PHF**

**ROTARY YEAR
2021-2022**



Polomolok 101
Rotary Club



The Club 101 Calendar of Activities

July

New Leadership Month



August

Membership & New Club Development Month



September

Basic Education and Literacy Month



October

Economic and Community Development Month
October 24
World Polio Day



November

Rotary Foundation Month
November 1-7
World Interact Week
November 26-27
Presidential Conference, Manila



December

Disease Prevention and Treatment Month



January

Vocational Service Month



February

Peace building and conflict Prevention Month
February 23
Rotary's Anniversary



March

Water, Sanitation & Hygiene Month
March 14-18
World Rotaract Week



April

Maternal and Child Health Month



May

Youth Service Month



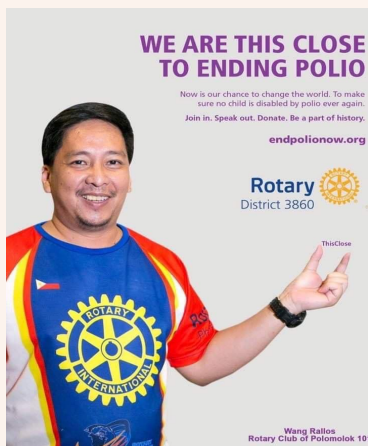
June

Rotary Fellowships Month
May 27-May 30
Rotary International Convention, Melbourne, Australia



Rotary Year 2022-2023

rawpixel



ROGELIO "WANG" RALLOS, JR.
 Past President/ TRF DIRECTOR

What is E R E Y?

The
Rotary
 Foundation



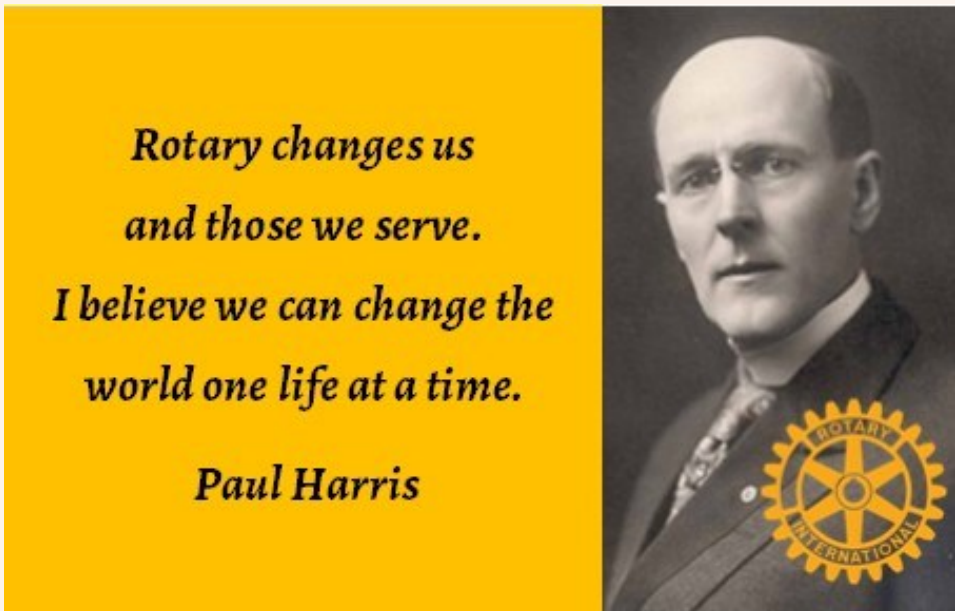
EVERY
 ROTARIAN
 EVERY
 YEAR

What is EREY?

Your gift to the Annual Fund helps Rotary clubs take action today to create positive change in communities at home and around the world. Your contributions help us strengthen peace efforts, provide clean water and sanitation, support education, grow local economies, save mothers and children, and fight disease.

The Every Rotarian Every Year (EREY) initiative asks every Rotarian to support The Rotary Foundation every year. In addition to contributing to the Annual Fund on a regular basis, members are encouraged to get involved in a Foundation project or program. This can be accomplished online via My Rotary or just search for The Rotary Foundation and the "Give Now" box. A goal which many set for themselves is \$100 per year. It may be more or it may be less. Let's try for 100% of our club to give something.

At the end of every Rotary year, contributions directed to the Annual Fund-SHARE from all Rotary clubs in the district are divided between the World Fund and the District Designated Fund, or DDF. At the end of three years, your district can use the DDF to pay for Foundation, club, and district projects that your club and others in the district choose. Districts may use up to half of their DDF to fund district grants. The remaining DDF may be used for global grants or donated to PolioPlus, the Rotary Peace Centers, or another district. This amount is separate from the Polio Plus giving. A percentage of the Polio Plus money does not return to our district to be used as DDF. The DDF is used for our smaller projects as opposed to minimum \$30,000 projects which are Global grants. Let's support our district so we can ask the district to support our projects!



District Training Assembly 2023

District Training Assembly(DTA) is an annual symposium where clubs from across Visayas and Mindanao of District 3860 gather to prepare for the Rotary Year that begins July 1st.

District Training Assembly (DTA) happens in April and designed to provide training for President-Elects, club committee chairs, secretaries, treasurers, and other club and District Officers that will hold an important positions in the clubs or District. There is also a wealth of information for existing Rotarians and newer Rotarians.

District Governor Elect Twinkle Gamboa and Spouse District Trainer Archie Gamboa offers something new for all attendees, with different classes spread out across different sessions with distinct speakers and trainers. DTA or District Training Assembly is where you'll find more information you seek, and help you take your club to new levels. Rotary Club of Polomolok 101 were represented by our President-Elect Malou Teoxon, VP-Elect Sweet Gallinero, Incoming New Generation Director Troy Publico and District Officer May Urbano as GML Editorial Contributor for Area 3 Mindanao. The District Training Assembly was held at Hennan Convention Center, Panglao, Bohol last April 21-22 attended by 570 delegates from different Rotary clubs of District 3860.



History of the Rotary Club of Polomolok 101

The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan -on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off. With the blessing of RC Midtown Gensan, Omar Gallinero became the new club's Charter President, leading 25 other charter members with various classifications. Rotary Club of Polomolok 101 was formed under the leadership of Len Magno as then the District Governor of 3860.

The club's name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International's 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860.

The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517 . To date, the Club runs on man-strength of twenty five(25) committed individuals.

Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

Vision Statement

“Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.”

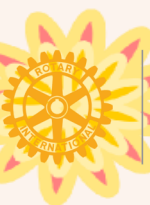


MEETING



APRIL 13, 2023 @ DOWNTOWN BLVD.

Polomolok 101
Rotary
Club



PROJECT



**BEAD CRAFT MAKING WITH THE CHILDREN
UNDER THE CARE OF MSWDO- APRIL 14, 2023**



FELLOWSHIP



FELLOWSHIP



BOHOL/CEBU
April 23-24

Slow down & enjoy life.

It's not only the scenery
you miss by going too fast

you also miss the sense of

where you are going

& why.

- EDDIE CANTOR





WE'RE DEDICATED TO DOING GOOD TOGETHER--TO SERVICE ABOVE SELF. WHEN YOU GIVE TO THE ROTARY FOUNDATION, WE CAN FUND PROJECTS IN COMMUNITIES THAT NEED OUR HELP THE MOST. PROJECTS THAT:

- HELP REFUGEES
- PROVIDE CLEAN WATER
- GROWN LOCAL ECONOMIES
- PREVENT AND TREAT DISEASE

EVERY DAY, OUR MEMBERS RESPOND TO CHALLENGES BIG AND SMALL, EMERGING AND ONGOING. LET'S CONTINUE DOING GOOD TOGETHER.

DEDICATED TO
Doing Good Together



DONATE TODAY:
[HTTPS://ON.ROTARY.ORG/3YOFHCA](https://on.rotary.org/3YOFHCA)



TOGETHER, WE

CONNECT



Polomolok 101
Rotary
Club



**26th General Membership Meeting
& Fellowship Night
13th April 2023/ 6pm/ Downtown Blvd**

Program

CALL TO ORDER.
INVOCATION.
NATIONAL ANTHEM.
THE OBJECT OF ROTARY.

PREXY TATA ALFECHÉ
PP MEL DEYPALAN
PP GLADYS BALANO
PP TWINKLE ALFECHÉ

PRESIDENT'S TIME.
ADJOURNMENT.


PREXY TATA ALFECHÉ
PREXY TATA ALFECHÉ

Moderator- IPP Lani Castaniaga



Invocation

Almighty Father, we invoke a blessing upon this occasion of Rotary Meeting & fellows. ip. Make us aware of the deeper significance of our meeting as we develop our friendships as the source of Rotary service. Service that radiates from this community to the wider community beyond. May each of us in our daily routine come to know the joy of caring and sharing with others not as fortunate as we are. Help us to serve humbly and willingly as we focus on the needs of our community. Thank you for our gifts and help us to use them wisely. Amen.

Rotary 

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST:**
The development of acquaintance as an opportunity for service;
- SECOND:**
High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD:**
The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH:**
The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

 **The Four Way Test**

of the things we think, say and do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

The Rotary Hymn

by George Canseco

I. I want to be a Rotarian for the world,
Make the Rotary flag be a flag of peace unfurled;
I shall serve my community,
Help achieve universal unity
Through Rotary, I shall dedicate my all,
World understanding shall be my cherished goal.

Chorus:
With the Four Way Test
I will pursue my quest
And if I, in a way help obtain
Peace in the world
We shall not have lived in vain.

II. I observe service above self,
Lend a hand to all who need my help;
I'll get my spouse to involve in Rotary
And in Rotary ways I will train my family.
(Back to Chorus)

III. Build a bridge for tomorrow's youth,
Strengthened by nothing but the truth;
Let's join our hands, there's no reason we'll divide.
We shall all understand, while the good Lord is our guide.
(Back to Chorus)

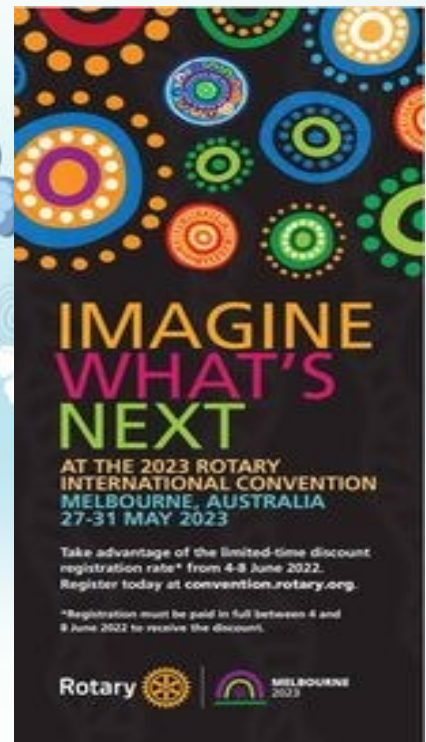
IV. Peace be achieved,
We shall not have lived in vain.



Sunshine Greetings!

Happy Birthday!

April 6 – Sps. Joey
April 9 – PAG May
April 27 – Rtn Troy



Polomolok 101
Rotary
Club



This is to certify that Rtn.

attended the meeting on

President

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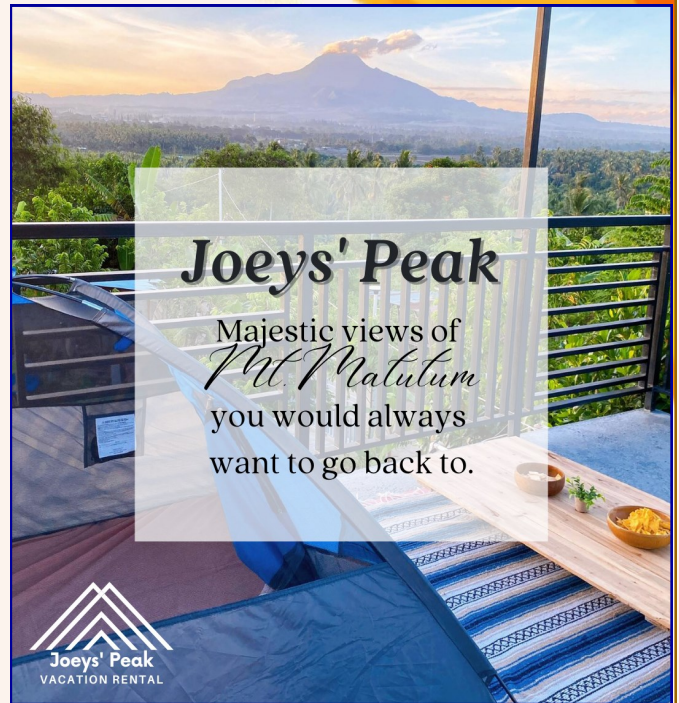
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